

A MOMENT'S PEACE

SALON & DAY SPA

The Stylist Journey: Career Path Assessment ©

Introduction

As a hairstylist, finding the right work environment is key to not only excelling in your craft but also maintaining a balanced, fulfilling life. Should you embrace the independence of booth rental, or is it a commission-based salon where you'll thrive? The answer depends on your personal strengths, work style, and career goals.

At **A Moment's Peace Salon & Day Spa**, we've created the **Stylist Journey Assessment** to help you make an informed decision about which path suits you best. This tool will guide you through a series of questions that will provide insight into where you'll flourish, ensuring your career choice aligns with your lifestyle, ambitions, and values.

Ready to discover your ideal path? Let's begin.

The Stylist Journey Assessment ©: Booth Rental or Commission-Based Salon?

Instructions:

For each question, choose the option (A or B) that best fits your personality, work habits, and preferences. At the end, your answers will be scored to determine whether you're a better fit for *booth-rental* or a *commission-based salon*.

Section 1: Personal Strengths & Weaknesses

1. How do you feel about managing all aspects of a business, such as taxes, inventory, marketing, and scheduling?
 a) I thrive in handling these responsibilities independently.
 b) I prefer focusing on my craft and letting others handle the business side.

2. How comfortable are you with marketing yourself to build a client base?

_____ a) I'm confident and skilled at promoting myself and building a brand.

_____ b) I would rather rely on my workplace to attract clients for me.

3. How do you handle multitasking and time management?

_____ a) I excel at juggling multiple tasks and organizing my own schedule.

_____ b) I prefer having structure and support to manage my time.

Section 2: Work Ethic & Motivation

4. How do you approach setting your own work hours?

_____ a) I'm highly motivated and disciplined enough to create my own schedule.

_____ b) I prefer a set schedule with structure and consistency provided.

5. How important is stability in your income?

_____ a) I'm willing to take financial risks for the potential of higher income.

_____ b) I prefer a steady, predictable paycheck with less risk.

6. What drives your career decisions?

_____ a) The freedom to control all aspects of my business.

_____ b) Being coached, part of a team and having support around me to grow.

Section 3: Cultural Needs & Environment

7. How do you feel about being part of a collaborative salon environment?

_____ a) I enjoy working independently and don't need much collaboration.

_____ b) I thrive in a team setting where I can learn and grow from others.

8. What role does salon culture play in your satisfaction at work?

_____ a) I prefer to set and create my own culture and environment.

_____ b) I find it essential to be part of a strong, thriving, established culture.

9. How do you handle client cancellations and slow periods?

_____ a) I can manage my own schedule and adjust regardless of the situation.

_____ b) I prefer having backup support from others if I'm sick or problems arise.

Section 4: Continuing Education & Mentorship

10. How important is ongoing training and professional development to you?

_____ a) I prefer finding and paying for my own development opportunities.

_____ b) I value the structure to professional development and mentorship where I work.

11. Do you prefer having a mentor or coach to guide your career growth?

_____ a) I'm comfortable learning on my own or seeking out my own mentors.

_____ b) I benefit from consistent coaching and mentorship where I work.

Section 5: Quality of Life & Work-Life Balance

12. How do you balance your personal life with your work life?

_____ a) I'm fine doing work at all hours to manage my schedule to fit my lifestyle.

_____ b) I prefer set hours to perform my work. I don't want to worry about business details after hours.

13. How important is guaranteed time off?

_____ a) I'm fine managing my own time off. I'll make sure when I work I'm ok when it happens.

_____ b) If I need time off, I need my workplace to cover for me without any worries.

Section 6: Financial Considerations

14. Are you comfortable paying for your own business expenses, such as supplies, rent, and insurance?

_____ a) I'm fine with covering and managing detailed business expenses in exchange for independence. I'll block extra time to do that work even though I'm not paid during that time.

_____ b) I'd rather focus on my craft and clients. Inventory, insurance, bookkeeping, paying my own taxes, technology issues and business expenses would be too much.

15. How do you feel about paying for benefits like health insurance and retirement on your own?

_____ a) I'm okay with managing my own benefits and financial planning.

_____ b) I prefer receiving benefits and financial planning through my employer.

Scoring

For each section count the a) and b) answers and then report them below:

- **For each (a) answer it increases your Booth Rental Score**
- **For each (b) answer you increase your Commission-Based Salon Score**

Report your totals. Create your score.

- **(a) Booth Rental Score: _____ / 15**
 - **(b) Commission-Based Salon Score: _____ / 15**
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Interpretation of Results

- **If you scored 10 or higher in (a):** You are likely to succeed as a ***booth renter***, enjoying the independence and flexibility that comes with managing your own business.
 - **If you scored 10 or higher in (b):** You are better suited for a ***commission-based salon***, where you can benefit from the support, structure, and mentorship that comes with being part of a team.
 - **If your scores are close:** You may thrive in either environment but consider which factors support your ideal work-life-balance as of today and in the near future.
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We hope this assessment provides clarity as you take the next steps in your career. At **A Moment's Peace Salon & Day Spa**, we are here to support you in whichever path you choose. Let us help you thrive, elevate your career, and love what you do every day!

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